

Terpene Guide

Terpene: Organic compounds that help to define the smell, taste, and potential effects of medical marijuana.

Caryophyllene

Potential Benefits:

- Pain Relief
- Sleep Aid
- Anti-Bacterial
- Antioxidant

Aroma:

- Clove, Cinnamon and Black Pepper



Myrcene

Potential Benefits:

- Pain Relief
- Sleep Aid
- Calm
- Appetite

Aroma:

- Lemongrass, Mango, Thyme



Pinene

Potential Benefits:

- Anti Inflammatory
- Short Term Memory Aid
- Alertness
- Bronchodilator

Aroma:

- Pine, Basil, Rosemary, Sage



Limonene

Potential Benefits:

- Mood Elevation
- Focus
- Antibacterial
- Antioxidant

Aroma:

- Lemon, Juniper, Orange



Terpinolene

Potential Benefits:

- Antibacterial
- Antioxidant
- Mood Elevation

Aroma:

- Lilac, Nutmeg, Cumin, Apple



Linalool

Potential Benefits:

- Relaxation Aid
- Anti-Microbial
- Anti-Epileptic
- Anxiety Relief

Aroma:

- Lavender, Jasmine, Birchwood



Humulene

Potential Benefits:

- Pain Relief
- Sleep Aid
- Antibacterial
- Antioxidant

Aroma:

- Hops, Sage, Wood, Coriander



Ocimene

Potential Benefits:

- Anti-Inflammatory
- Antiviral
- Anti-septic

Aroma:

- Mint, Orchids, Parsley, Mango

